

# TOBOGGANING SAFETY



**Wear a helmet.**

**Never slide onto a roadway or parking lot.**

**Check the hill before you go down to make sure it is safe & free of any trees, rocks, fences or other obstacles.**

**Make sure your toboggan is in good condition & that there is no broken parts or sharp edges.**

**Never toboggan at night or when visibility is reduced.**

**Never toboggan near or onto a lake, river or other icy surface.**

**Avoid icy hills that can cause you to go too fast.**

**Sit facing forward not lying down or head first.**

**Slide down the middle of the hill & climb up the sides.**

**Have fun!**

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